

# Family Groups



Family groups are a simple and effective means of deepening the community life of a parish. The support and friendship offered by the parish family can help to combat loneliness and provide a genuine support network for individuals, couples and families. Family groups are coordinated by volunteer Parish Coordinators and Group Leaders. Groups usually meet once a month and **everyone is welcome**. Each group decides what it wants to do. Popular events include: bring a plate suppers, house masses, film nights, charity auctions, curry nights, Advent and Easter crafts, cricket and football, Christmas and Easter party.

## **How do you start a family group?**

We have all the resources available and we know it works!

## **How much work will this involve?**

The answer is that other than the publicity and the launch - the groups run themselves.

**Who do I contact to start a group?** Your parish priest or Maureen O'Brien 0151 522 1044 Email: [m.obrien@rcaol.co.uk](mailto:m.obrien@rcaol.co.uk)

Link: [http://www.everybodyswelcome.org.uk/family\\_groups.html](http://www.everybodyswelcome.org.uk/family_groups.html)