

A reading from Acts 4:30

Stretch out your hand to heal ...  
and signs and wonders are performed through the name of your holy servant, Jesus.

Hold your hands in front of you, open, before you.

Imagine life in your hands...see the many ways that these hands have been gifts to you and to others.

I can change the world  
I can make it a better place  
Help the human race  
With my own two hands.

I can make peace on earth  
I can clean up the earth  
I can reach out to you  
With my own two hands.

I will make it a brighter place  
I will make it a safer place  
I will help the human race  
With my own two hands.

I can hold you  
With my own two hands  
I can comfort you  
With my own two hands

But you've got to use  
Your own two hands.

Ben Harper & Jack Johnson

Christ has no hands on earth but yours,  
Yours are the hands, with which he blesses all the world.

St. Teresa of Avila

